



**On Belay! News from the HLD Alumni Association
To connect, learn, serve, and advise together**

August 2012

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**HLD Alumni Association
Board of Directors
2012 - 2013**

HLD I
Shawn Anderson

**HLD I: Reflections on the
Past Five Years**

Do not follow where the path may lead. Go instead where there is no path and leave a trail.

~Ralph Waldo
Emerson

In September 2007, a group of 32 people from all over Maine met for the first time at Maple Hill Farm. Sitting in a half

Emily Rines
David Robie
Anita Ruff
Peter Sirois

HLD II

Kolawole Bankole
Steve Keegan
Evelyn Kieltyka
Julie Osgood
Kate Perkins

HLD III

Valli Geiger
Judiann Smith
Angela Westhoff
Bob Williams

HLD IV

Mary Ann Amrich
Arabella Perez
Dennis Roy
Suzanne Spruce

HLD V

Catherine Chicester
Brenda Czado
Chris Muffett
Lorrie Potvin
Jana Purrell

circle, nervously looking around the room, they were not sure what or who to expect or if the time away from work would be justified. As they went around the room introducing themselves, it became clear that this was no ordinary group of people. These weren't just any doctors, nurses, hospital administrators, or public health people. They were leaders in their organizations, within the state, and in the nation. They were also pioneers, willing to be the first group to go through the newly created Health Leadership Development, a program with a lot of potential but no guarantee of success.

Many things have changed in the HLD program because of the experience of the first class - no more silent dinner at Outward Bound, a more focused practicum experience, a mentor program. Not everyone wants to be the first to try something new. But leading often means going where no one has been before.

And so, five years later, this group of 32 continues to be extraordinary. Through many position and life changes, the connections are still strong, and the commitment to the principles of facilitative leadership and collaboration are even stronger. The influence of this class is evident throughout Maine's communities. As we look ahead to the next five years, may HLD I's leadership and pioneer spirit continue to make a positive and significant impact on Maine's healthcare system.

Upcoming Regional Alumni Meetings

The Alumni Association has organized regional alumni meetings as part of our mission to keep people connected and to expand on what we learned in the HLD. All alumni are invited to attend any of the regional meetings. If you are interested in leading a discussion on a leadership challenge or would like to host a regional meeting, please [email us](#). We are especially interested in starting a Bangor and Aroostook meeting, so let us know if you are interested.

Greater Portland Regional Meeting

Wednesday, September 5th at 7:30 - 9:00am
MaineHealth
110 Free Street, Portland
RSVP to [Anita Ruff](#)

This group alternates between breakfast and lunch time meetings on the first Wednesday in March (breakfast), June (lunch), September (breakfast) and December (lunch). Save the date for December 5th.

Central Maine Regional Meeting

Senator Inn, Augusta
Thursday, September 20th at 8:00am
RSVP to [Angela Westhoff](#)

Save the Dates for Upcoming HLD Events

We hope to see you this fall and winter!

September 27

Annual pizza party to welcome HLD VI
Sponsored by Evelyn Kieltyka and Karen Mosher (HLD II)
Winthrop at Evelyn's lakeside house

October 13 & 14

HLD I at Outward Bound

November 7

Join us for a half-day reunion in Freeport featuring keynote speaker, Jon Chillingierian, PhD, of the Heller School at Brandeis University. Jon is the academic director of the Hanley Center's new Physician Executive Leadership Institute (Advanced Program).

March 14, 2013

HLD Alumni Dinner - Augusta/Hallowell

March 15, 2013

HLD Policy Day - Augusta

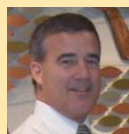
Alumni News

HLD I

The National Federation of State High School Associations Board of Directors has selected **Dr. Bill Heinz** as the Chair of the Sports Medicine Advisory Committee.



David Robie is the President of [EMS Associates for Excellence](#), a consulting firm specializing in operations, management and financials for the Emergency Medical Services in the state and the region. He was previously the Director at NorthStar EMS, the ambulance service for Franklin Memorial Hospital. In addition, Dave is the owner of [Star Barn B&B and Retreat Center](#), located in Madrid.



Congratulations to **Peter Sirois**, who has been named as the Chief Executive Officer at Northern Maine Medical Center. Peter has served as the Acting CEO for the past year.

HLD II

Mike Duddy joined EMHS CEO Michelle Hood and the Hanley Center's Jim Harnar on the upcoming edition of [Inside Maine Healthcare](#), a TV show that is carried statewide on Time Warner Cable. The show, which will begin airing later this month, describes the HLD program and its role in preparing healthcare professionals to lead change. Mike is a health lawyer with Kelly, Rimmel and Zimmerman and is one of two HLD alumni on the Hanley Center Board of Directors.



HLD III

Dr. Larry Hopperstead, former Chief Medical Officer at CMMC, has returned to Lewiston to rebuild the Center's trauma service after the recent departure of several trauma surgeons. Larry is a member of the LifeFlight Foundation Board of Directors and was pivotal in the development of Maine's trauma care system over the past 30 years.

Angela Westhoff was elected to the Board of Directors of the Association of Osteopathic State Executive Directors and was appointed by the American Osteopathic Association President to serve on the Bureau of State Affiliate Concerns and the Committee on Socioeconomic Affairs-both national level positions advancing health care policy for the osteopathic profession. Angela is the Executive Director of the Maine Osteopathic Association.



HLD IV



Congratulations to **Dennis Roy!** Dennis has been named Purchasing Manager at Eastern Maine Healthcare System. Dennis will be responsible for approximately \$85 million in annual purchase volume for both EMHS as well as Affiliated Healthcare Systems.

HLD V

Rhonda Selvin has been chosen as the President-Elect of the Maine Nurse Practitioner Association. She has also been appointed as the Medical Director of Wiscasset Family Medicine, which was recently chosen to receive a Patient Centered Medical Home grant.



Friends of HLD

Dr. Ned Claxton is now serving as Interim Chief Medical Officer at Central Maine Medical Center in Lewiston.

Bill Diggins has been named CEO of Health Access Network, the federally qualified health center based in Lincoln. Bill, a former member of the Hanley Center Board, was a key leader in the development of the HLD program, heading up a committee that designed the Health Content portion of HLD.

Longtime HLD faculty member **Dr. Lisa Letourneau** has been named as one of five "Women to Watch" by *MaineBiz* magazine. Lisa, the Executive Director of Quality Counts, and other others will be honored at a September 20 reception in Portland.



HLD Alumni Association Board Updates

The recent focus for the HLD Alumni Association Board of Directors has been revising by-laws and electing a new Board.

By-Laws Revision

This is the most non-glamorous job in the world. Thankfully, Dave Robie (HLD I) has been taking

the lead on making sure the Association's by-laws are up-to-date and accurately reflect our focus and structure. Key changes include:

- Revised the purpose to reflect our new focus to connect, learn, serve and advise
- Increased the number of reps from each class who can serve on the Board.
- Revised the Committee structure

Click [here](#) to vote on the changes to the by-laws.

Electing the New Board

A slate of Board nominees was presented and selected by alumni. The new Board for 2012 - 2013 is below. We look forward to a great year with our new and returning Board members. Thanks to Evelyn Kieltyka (HLD II), Shawn Anderson (HLD I), and Arabella Perez (HLD IV) for their work on the Nominating Committee!

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Jana Purrell

Questions and comments are always welcome [Email us!](#)

HLD VI: Welcome to The New Class

HLD VI class selection is now complete and will be announced soon. More than 30 health and healthcare professionals across the state have been selected for the class that will begin late next month in Hallowell. HLD VI will bring the HLD network to just less than 200 leaders across Maine!

Alumni are urged to welcome the new class at the annual pizza party and reception hosted each September by HLD II alums Evelyn Kieltyka and Karen Mosher. The date is September 27th in Winthrop.

Joining HLD VI at its kick-off session will be Maine Health Access Foundation CEO Dr. Wendy Wolf, Dr. Lisa Letourneau, Spring Harbor Hospital CEO Dennis King, Dr. Sheila Pinette, Director of Maine CDC, and Lisa Sockabasin, Director of Maine CDC's Health Equity division.

HLD Health Disparities Initiatives

Health disparities will be the focus of the HLD VI practica projects that will begin in November. Five practicum groups will be formed this fall to help address a wide array of health disparities. Several of the projects will support the work of our HLD Health Disparity Ambassadors, a group of 20 HLD alumni who have received special training in health disparities and who are leading efforts to eliminate disparities in communities across the state.

The Maine Health Access Foundation's Barbara Leonard and Jim Harnar have co-authored a [blog](#) this month that discusses health disparities and describes the Ambassadors program. HLD I alum, Kathy Vezina (Hanley Center Associate Executive Director), is staffing the Ambassadors program with funding and staff support from Culture InSight (Harvard Pilgrim Foundation), the Maine Community Foundation, Maine CDC and MeHAF. Barbara is a HLD faculty member and a longtime public health leader in Maine.

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